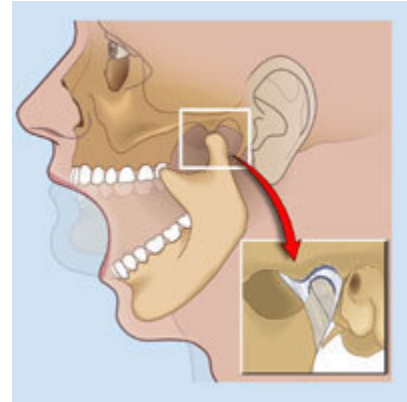


Information about TMJ

TMJ is the joint that joins the skull and the lower jaw. It is used hundreds of times each day. **A small disc of cartilage separates the bone, much like the knee joint, so the lower (mandible) may slide more freely.** Every time you talk, swallow, or eat this joint is used.

How can things go wrong with TMJ?



The Cartilage disc between the bones can wear, or stretch . This can result in the feeling of pressure in the area or sounds of popping and clicking when you open or close your mouth. Also chewing muscles may spasm. Previous major or minor trauma can contribute even if at the time it is not apparent.

During dental treatment having your mouth open extended periods of the may result in soreness of this joint or muscle spasms. On the rare occasion a joint that may not have had any apparent symptoms in the past can cause symptoms to start. Should you develop any symptoms you need to contact the office and we will inform you of what to do to help relieve those symptoms. During dental treatment on occasion your jaw may lock open, we will manipulate your jaw closed and advise you of what to expect.

SIGN AND DATE

**Please inform me of any previous problems you may have had
– write details below**
